

"I was involved with the North Carolina Physicians Health Program for 10 years, starting when I first got into recovery in 2003. I had self-reported for an addiction to opiate pain meds. NCPHP was the best thing that could have happened to me to maintain my recovery. When I spent four months in a treatment facility Florida, I met many medical professionals from other states, and learned what a great benefit PHP is to those of us in recovery from North Carolina. Many other states have nothing that can compare to it.

NCPHP has the protection of the public as their first priority, but do everything they can to help the impaired physician to get into recovery so they can maintain their medical license. They guide the professional through their treatment and recovery, and provide stringent monitoring. But they do so in a manner which works with the individual. They advocate to the NC Medical Board for those working to maintain their license. When my son and I took a trip to the Grand Canyon to celebrate my birthday, they made efforts to provide for drug monitoring during the trip which permitted me to make the trip. They are strict, but eminently fair in their approach to monitoring.

I consider NCPHP to be a real blessing for those who find themselves in addiction, and do feel sorry for those in other states who do not have such a resource."

Past participant 2/1/17