

## NCPHP Team Crossed North Carolina Educating Medical Professionals

Our mission at NCPHP is to help medical professionals suffering from substance use disorders, mental health issues, burnout, communication challenges and other issues that may affect their ability to deliver optimal care. As part of this mission our leadership team speaks to medical groups from across the state regularly, providing unique insights for their respective organizations.

Over the past two months, Dr. Clark Gaither, Medical Director for NCPHP and Dr. Joe Jordan, CEO of NCPHP crisscrossed the state, delivering 11 presentations to medical professionals and organizations on controlled substance abuse and physician burnout.

On November 7, Dr. Gaither spoke at the North Carolina Integrated Care Symposium 2019 in Raleigh, presented by the Foundation for Health Leadership and Innovation. This one-day symposium was designed to enhance integrated care knowledge and skill sets for those working or planning to work in primary care settings providing integrated behavioral health. Nowhere is a complete understanding of job-related burnout more critical than in today's integrated healthcare system.



Vidant Medical Center in Greenville, NC hosted Dr. Gaither on December 10. Dr. Gaither presented on burnout to 30 providers at Grand Rounds in the morning. Later that evening, Dr. Gaither spoke on Staying Positive within Today's Healthcare Delivery System to over 350 attendees at Vidant's annual medical staff meeting. Dr. Gaither stated, "With so much change in the delivery of healthcare in recent years, and not all of it positive, it is important for providers to arm themselves with effective tools for recognizing the signs of burnout and to actively mitigate or eliminate the underlying causes. It is eminently possible to stay positive and engaged, even with all of the challenges physicians are currently facing."



### **Other presentations in November and December included:**

- Nov. 1 North Carolina Association Medical Staff Services Quarterly Meeting
- Nov. 7 Federation of State Medical Boards Attorney Conference, New Orleans
- Nov. 13 Vet Carolinas, Charlotte – CME
- Nov. 15 Veterinary Association Management, Asheville

Nov. 22        NCSU Vet School  
Dec. 1         Vet Carolinas, Charlotte – CME  
Dec. 4         North Carolina Academy of Small Animal Medicine – CME  
Dec. 9         Southeast Radiation Oncology, Greenville  
Dec. 13        NC Board of Examiners for Speech and Language, Greensboro

In addition to the above, NCPHP spoke to over 20 different veterinary groups across the state last year, including the NCSU Vet School, Vet Carolinas, NCVMA members, NCASAM and many others. Each presentation was led by Dr. Joe Jordan, CEO of NCPHP, or Dr. Clark Gaither, Medical Director of NCPHP. These presentations were given as part of continuing education courses or at select conferences.