



Date: March 16, 2020  
To: All NCPHP Participants  
From: NCPHP  
Re: Temporary Monitoring Changes

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NCPHP appreciates the extra stress that healthcare professionals experience during times of a medical crisis. In consideration of this, we are temporarily making some changes to monitoring. For the rest of March and all of April we will implement the following:

Meeting Attendance:

- NCPHP will consider online abstinence-based meetings as the equivalent of face-to-face abstinence-based meetings. Links to online meetings:  
[www.aaintergroup.org](http://www.aaintergroup.org) <http://recoverydharma.online/>  
<https://www.smartrecovery.org/community/> [www.intherooms.com](http://www.intherooms.com)
- Document your meeting attendance using the RecoveryTrek mobile app and record as “other” meeting type.
- Please use your best judgement regarding face-to-face meeting attendance.
- We are considering having facilitated online group meetings with your Field Coordinator to maintain contact and support.
- As the situation stabilizes you will be required to transition back to face-to-face abstinence-based meetings and any facilitated group meetings will be discontinued.

Testing:

- You will see a reduction in the frequency of your 800# testing in an attempt to reduce your risk exposure.
- As this situation stabilizes, we will utilize longer window-of-detection methods such as PEth, Hair or Nail testing to cover this time period.

Field Coordinator Visits (if applicable):

- Field Coordinators will use their discretion in determining whether they meet with you face-to-face.

- Field Coordinator visits will be held via video conferencing and instructions will be relayed to you by your Field Coordinator.
- Your Field Coordinator will instruct you to obtain a urine drug screen within 24 hours of your video conference.
- You will be mailed five Chain of Custody forms by RecoveryTrek. You will need these for your screen.
- You can contact Sheri at RecoveryTrek (757-985-3616) to locate a test site or you can locate a test site through your RecoveryTrek mobile app.

If you have any questions, please contact your Field Coordinator or the office (919-870-4480).